

EAST ATLANTA EYE SURGERY CENTER

550 Professional Dr.
Lawrenceville, GA 30046

PRE-OPERATIVE INSTRUCTIONS FOR EYE SURGERY

1. DIET

- **NO** solid foods or liquids after 11PM the night before your surgery - this means nothing in the morning. Eating and/or drinking could cause your surgery to be delayed or cancelled.

2. MEDICATIONS

- **Take your heart, blood pressure, Parkinson's, respiratory, epilepsy and reflux medications**, up to and including on the day of surgery, unless specifically instructed not to by your primary care physician. Bring these with you the day of surgery. Take medications with a sip of water only.
- **DO NOT TAKE DIURETICS OR WATER PILLS.**
- Asthma and COPD patients: Continue medications and inhalers. Bring your albuterol (or rescue medication) inhaler with you.

3. DIABETIC PATIENTS

- If you take Metformin, do not take the night before or the morning of surgery.
- Do not take any other diabetic medications, oral or injectable, the night before or the morning of surgery.
- For patients with an insulin pump, manage the pump as you normally do.
- Check your blood glucose the morning of surgery. If your fasting glucose is below 75, you may let a hard piece of candy dissolve in your mouth or you may have 4 oz. of a clear juice such as apple juice or 4 oz. of a clear carbonated beverage. Check your blood glucose again in 30 minutes to ensure that it is higher. **DO NOT EAT.**

4. PERSONAL

- You may shower, shampoo, and brush your teeth.
- Do not wear contact lenses three days before surgery.
- **DO NOT USE cosmetics, eye make-up, lotions, or cologne.** _____ (Pt to initial)
- Do not wear jewelry, metal hair accessories, or contact lenses. Do not bring valuables.
- If you have dentures, you may keep them in during surgery if they are intact and not loose. If they are loose, you will have to remove them.
- Wear clothes that are loose and comfortable. Do not wear turtlenecks, undershirts or clothing that is high on your neck. It is recommended that you wear a shirt that buttons or zips up the front.

5. DISCHARGE

- **Georgia State law for healthcare facilities requires that you be discharged to a responsible adult (family member or friend).** Arrange for transportation, at least 18 years old, to **STAY** at the facility during your procedure & then to drive you home afterwards. You are **NOT** allowed to drive yourself home. **Taxi, Medical Transport or Public transportation pickup will not be allowed unless another adult can accompany you for the ride home.** It is recommended that you have someone stay with you for the first 24 hours.

FAILURE TO FOLLOW THIS LIST OF INSTRUCTIONS MAY REQUIRE RE-SCHEDULING YOUR SURGERY. IF YOU HAVE ANY QUESTIONS, PLEASE CALL 470-410-8120.

Patient or Authorized Representative

Witness

Date: ____/____/____ Time: _____